

# Crock Pot Chicken W/ Black Beans and Cream Cheese

4 hours | 3 min prep

SERVES 4

- 4-5 [boneless chicken breasts](#)
- 1 (15 1/2 ounce) can [black beans](#)
- 1 (15 ounce) can [corn](#)
- 1 (15 ounce) jar [salsa](#), any kind
- 1 (8 ounce) package [cream cheese](#)

1. Take 4-5 frozen, yes, frozen, boneless chicken breasts put into crock pot.
2. Add 1 can of black beans, drained, 1 jar of salsa, 1 can of corn drained.
3. Keep in crock pot on high for about 4-5 hours or until chicken is cooked.
4. Add 1 package of cream cheese (just throw it on top!) and let sit for about 1/2 hour.
5. Stir in the melted cream cheese. Enjoy!

I find it works best for me by running warm water over the chicken breasts to knock off the ice crystals, and then I pat them dry and put them into the crock pot. At the end, I like to remove and shred the chicken breasts and then return them to the sauce mixture for about 10 minutes and then serve in soft tortillas.